



Retreat Leader Mary Dwyer
(see back side to learn more)

Centering Prayer Workshop with Mary Dwyer

Friday Oct 11, 2019 **7:00pm-8:30pm**
Saturday Oct 12, 2019 **9:30am-4:00pm**

Andrew Chapel United Methodist Church
1301 Trap Road, Vienna, VA

Friday evening:

Welcoming Prayer Review and Refresher **6:30pm Registration**

A short presentation on the Welcoming Prayer as a companion practice to deepen the transformative process initiated by our Centering Prayer. We will review and explore how Welcoming enables us to make Fr. Thomas's statements, "The God in me Serving the God in others" by "living Ordinary Lives with Extraordinary Love" a reality in our lives.

Workshop details will continue to be available on our regular "Events" webpage:
<https://contemplativeoutreachnova.com/events/>

Saturday:

Centering Prayer - An Ever-Deepening Experience

Join us for a day of exploration of the practice of Centering Prayer. How does this simple little practice transform lives? What is the practice and how do we make it a reality in our lives? What can we expect by incorporating a daily practice into our lives?

Agenda:

<u>8:45am-9:30am</u>	Registration, Breakfast, Purchase books (via cash or checks)
<u>9:30am-12:00pm</u>	Morning Program
<u>12:00pm-1:00pm</u>	Lunch***
<u>1:00pm-4:00pm</u>	Afternoon Program

***Breakfast, coffee, tea and water will be provided, but please bring a bagged lunch

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PRE-REGISTRATION FORM

Mary Dwyer Workshop Oct 11-12, 2019

Please indicate below which day(s) you plan to attend.

Pre-Registration (postmarked by Tuesday, October 8)

- \$50 - Friday and Saturday
- \$15 - Friday only (\$20 at the door)
- \$40 - Saturday only (\$45 at the door)

Scholarships available upon request.

Name: _____

Address: _____

Email Address: _____

Send this completed form with check made out to "CONOVA" to:
Ellen Murphy, c/o CONOVA, 402 Talahi Rd., Vienna, VA 22180.

You will receive an email confirmation upon receipt of your registration and payment.

Retreat Leader Mary Dwyer

Mary Dwyer is a long-time student of Fr. Thomas Keating and has been practicing Centering Prayer for over twenty years. In the early 1990's, she lived at Chrysalis House, a contemplative live-in community experiment blessed by Fr. Thomas. Her housemates included Mary Mrozowski, David Frenette and Cathy McCarthy. The community lived according to a rule of life and became an incubator of practice and programs in the early years of Contemplative Outreach's growth.

It was her experience at Chrysalis House – what she refers to as her “inpatient” or “residential treatment time” – that proved to her that a life of prayer, consent and practice is real, stable and deeply rewarding. Mary Mrozowski taught her that a devoted life of prayer was the real work of life; what we did the rest of the time was just how we made a living.

Mary received her undergraduate degree from Georgetown University in economics and spent some time as a banker and college administrator. After a few years at Chrysalis House, she went back to school and became a licensed clinical social worker and practiced this vocation for the next 15 years, all while maintaining her commitment to the contemplative life and to the mission of Contemplative Outreach. In 2008 she met her beloved Juan through the Living Flame program. She moved to Miami, FL in 2009 and they married.

Mary is a former Chairperson of the Contemplative Outreach Faculty. She currently is coordinator for the Living Flame program and a member of the Welcoming Prayer Service Team. Mary now devotes her time to giving retreats and workshops on behalf of Contemplative Outreach throughout the US and internationally.

Mary is passionate about nature, animals, children, honesty, recovery, and present-moment awareness. She is devoted to her beloved Juancito, family & friends, Contemplative Outreach and sharing the good news and incredible teachings she has been given.